

READ FREE LEADING ANTENATAL CLASSES A PRACTICAL GUIDE 1E

Antenatal class part 1: labour game, stages of labour, and induction of labour - Antenatal class part 1: labour game, stages of labour, and induction of labour by St George's University Hospitals NHS Foundation Trust 61,602 views 3 years ago 21 minutes - This is a patient information video which was made by St George's **Maternity**, Unit. Our Midwives, Obstetricians, Anaesthetists and ...

Introduction

Early labour

Latent labour

Induction methods

Monitoring

Bishop score

Induction

Antenatal Education Class - a guide to pregnancy and caring for your baby - Antenatal Education Class - a guide to pregnancy and caring for your baby by TheCHESTERFIELDROYAL 159,241 views 7 years ago 1 hour, 18 minutes - Chesterfield Royal Hospital NHS Foundation Trust is delighted to present our **Antenatal, Education Class**,, a patient information ...

ANTENATAL EDUCATION CLASS

Physiotherapy during Pregnancy

Sitting Position

Abdominal Muscles

Middle Back and Rib Problems

Buttock Muscles

Sleeping Position

Getting out of Bed

Pelvic Floor

Animation of birth

T.E.N.S Machine

Birthing Pool

Pethidine

Epidural

Antenatal 1 - Health in pregnancy - Antenatal 1 - Health in pregnancy by South Tyneside and Sunderland NHS Foundation Trust 65,336 views 3 years ago 13 minutes, 44 seconds - If you need to watch these videos in another language please follow these **instructions**,: Click the link to take you to the video Click ...

Introduction

COVID19 Changes

Pregnancy

Diet

Diet tips

Health changes

Emotional changes

Prenatal Class - Part 1: Prenatal - Prenatal Class - Part 1: Prenatal by Maternity Care Midwives 1,899,196 views 9 years ago 40 minutes - Midwife Holliday Tyson teaching a **Prenatal Class**, at Maternity Care Midwives in Thunder Bay, Ontario on January 9th 2015.

Introduction

Late Pregnancy

Pelvis

Practical lessons

Nerves

Penguin Walk

Regae

Sex

Mucus plug

Varicosities

Safety

Antenatal session 1 | Welcome and the process of normal labour and birth - Antenatal session 1 | Welcome and the process of normal labour and birth by CQ Health 992 views 1 year ago 29 minutes - 0:00

Introduction 2:29 Myths and old wives tales 3:13 Facts 5:05 What is labour? 8:06 When to come to hospital 10:00 Your ...

Introduction

Myths and old wives tales

Facts

What is labour?

When to come to hospital

Your maternity care team

The four P's of labour

The four stages of labour

Physical, emotional and mental preparation for labour

The 3 Stages of Labor - The 3 Stages of Labor by NICHDVideos 668,292 views 9 years ago 2 minutes, 28 seconds - Labor, also called childbirth or giving birth, is the process by which the baby and the placenta leave the mother. This video ...

Antenatal 2 - Preparing for labour and delivery - Antenatal 2 - Preparing for labour and delivery by South Tyneside and Sunderland NHS Foundation Trust 125,126 views 3 years ago 32 minutes - If you need to watch these videos in another language please follow these **instructions**,: Click the link to take you to the video Click ...

Introduction

Overview

Latent phase of labour

Period pains

contractions

stages of labour

cervical dilatation

placenta delivery

pain relief

water birth

diamorphine

epidural

monitoring

assisted delivery

caesarean section

induction of labour

transfer to Sunderland

outro

Childbirth Class Video 01 - Childbirth Class Video 01 by TMC Health 3,528,900 views 5 years ago 1 hour, 22 minutes - These videos were created several years ago and the curriculum has been updated since that time. Unfortunately, we are unable ...

Class Content

Ehr-Tension-Pain Cycle

Ehr-Tension-Pain Cycle

Second Trimester Joys, Gripes, and Concerns

Third Trimester Joys, Gripes, and concerns

Comfort Positions

Comfort Techniques

Weight Gain in Pregnancy: How Much Weight Should I Gain?

Weight Gain in Pregnancy: Where Does the Weight Go?

Nutrition Guidelines

Common Pre-signs of Labor

Pelvic Stations

How to sleep during pregnancy || Best Sleeping Position during pregnancy - How to sleep during pregnancy ||

Best Sleeping Position during pregnancy by Health Tricks \u0026 Tips English 14,372,384 views 4 years ago 6 minutes, 6 seconds - How to sleep during **pregnancy**, Best Sleeping Position during position ? Buy me a Coffee: <https://ko-fi.com/healthtricksandtips> ...

First Trimester

Sleeping on the Stomach

Way To Get out of the Bed

6 HYPNOBIRTHING TIPS | HYPNOBIRTHING TECHNIQUES - 6 HYPNOBIRTHING TIPS |

HYPNOBIRTHING TECHNIQUES by Emily Norris 1,044,299 views 6 years ago 9 minutes, 43 seconds - In today's video I am talking about hypnobirthing and giving you 6 hypnobirthing tips. I will also talk about my hypnobirthing ...

Hypnosis Apps

Relaxation Hypnosis

Acupuncture

PREPARING FOR BIRTH In The THIRD TRIMESTER As A Childbirth Educator + Birth Doula -

PREPARING FOR BIRTH In The THIRD TRIMESTER As A Childbirth Educator + Birth Doula by Bridget Teyler 945,859 views 3 years ago 9 minutes, 44 seconds - This is how a childbirth educator and a birth doula is PREPARING FOR BIRTH during the third trimester. Having a baby is a big ...

Intro

LEANING FORWARD

FORWARD-LEANING INVERSION

DRINKING RASPBERRY LEAF TEA \u0026 NETTLE TEA

EATING DATES

ONLINE CHILD BIRTH \u0026 POSTPARTUM COURSE

STAYING ACTIVE \u0026 STRETCHING

TUNE INTO MY BREATH BODY MIND \u0026 BABY

CRAZY PREGNANCY ADVENTURES | Hacks And Funny Parentings Situations! 123GO! GLOBAL -

CRAZY PREGNANCY ADVENTURES | Hacks And Funny Parentings Situations! 123GO! GLOBAL by 123 GO! Global 45,869 views 6 days ago 50 minutes - \"CRAZY **PREGNANCY**, ADVENTURES | Hacks And Funny Parenting Situations! 123GO! GLOBAL\" is a hilarious and entertaining ...

3 Breathing Techniques for Labor, Birth \u0026 Life! How to Feel In Control \u0026 Cope with Contractions - 3 Breathing Techniques for Labor, Birth \u0026 Life! How to Feel In Control \u0026 Cope with Contractions by Sarah Lavonne 704,975 views 3 years ago 15 minutes - Breathing is THE most important coping tip I have for your labor... and life!! Here, I show you 3 different breathing techniques that ...

Intro

Coping with Labor

Bradley Breath

Lamaze Breath

Laboring Down

Outro

Prenatal Class: Part 3 - Postnatal - Prenatal Class: Part 3 - Postnatal by Maternity Care Midwives 750,576 views 9 years ago 54 minutes - Midwife Holliday Tyson teaching a **Prenatal Class**, at Maternity Care Midwives in Thunder Bay, Ontario on January 9th 2015.

Intro

Anatomy

Breathing

Umbilical Cord
Postpartum
Attachment Parenting
Baby Massage
Handling Babies
Changing Diapers
Warm Water
Bath
Testing
Eyes
Diapers
Sex
Breastfeeding
Getting pregnant
Swaddling

Student Midwives Get First-Hand Experience | Midwives S2 E6 | Our Stories - Student Midwives Get First-Hand Experience | Midwives S2 E6 | Our Stories by Our Stories 537,678 views 1 year ago 57 minutes - This episode follows student midwives as they get hands-on experience at Birmingham Women's Hospital, one of the busiest ...

WHAT'S IN MY HOSPITAL BAG? WHAT TO PACK? - WHAT'S IN MY HOSPITAL BAG? WHAT TO PACK? by Emily Norris 4,027,974 views 7 years ago 15 minutes - Hi Guys, so there are my **top**, tips on what to pack in your hospital bag and what I am packing in my hospital bag for baby number 3 ...

Intro
Hospital Bag
Baby
Car Seat
Clothing
Partner

Magic Tips to open your Cervix for Normal Delivery (Part 1)- Dr Asha Gavade - Magic Tips to open your Cervix for Normal Delivery (Part 1)- Dr Asha Gavade by Dr Asha Gavade Umang Hospital 1,485,934 views 1 year ago 8 minutes, 10 seconds - Hello Friends Welcome to My New Video Magic Tips to open your Cervix for Normal Delivery (Part 1,) in this video I'm talking ...

"Signs of Labor" How To Know When It's Time: by PregnancyChat.com - "Signs of Labor" How To Know When It's Time: by PregnancyChat.com by PregnancyChat 7,434,568 views 9 years ago 11 minutes, 23 seconds - Monica Talks about the "Signs of Labor" How To Know When It's Time! Please leave comments below! Monica Healy from ...

Intro
Signs Of Labour: How To Know When It's Time
Increased Vaginal Discharge
Braxton Hicks Contractions
Lightening
Weight Loss
Early Labour Signs
Signs Of Early Labour Include
A Bloody Show
Regular Contractions
Mucous Plug And Show
Waters Breaking
Shivering
An Urge To Use The Toilet
A Good Night's Sleep
Restlessness
Mood Swings

What Should I Do In Early Labour?

You Notice A Reduction In Fetal Movements

You Have A Fever

You Experience Problems With Your Vision

Parent Education - Class 1: What to Expect - Part 3: Exercise in Pregnancy - Parent Education - Class 1:

What to Expect - Part 3: Exercise in Pregnancy by The Rotunda Hospital, Dublin, Ireland 15,626 views 3 years ago 9 minutes, 9 seconds - This video covers the advice given in **class**, one on exercise in **pregnancy**., pelvic floor exercises and back care. You can find more ...

What You Should Know BEFORE You Go Into Labor - What You Should Know BEFORE You Go Into Labor by Diana In The Pink 432,309 views 1 year ago 10 minutes, 15 seconds - Getting close to delivering a baby? You need to watch this to know what to expect for you and your baby at the hospital. You will ...

Intro

Know which hospital

Dilatation and Effacement

Types of anesthesia

Birth Control

Screening tests

PROMPT PPH training demonstration - PROMPT PPH training demonstration by PROMPT Maternity

Foundation 154,704 views 5 years ago 3 minutes, 4 seconds - Training for Postpartum Haemorrhage - uses PROMPT methods and tools to reduce preventable harm - team training for PPH ...

Antenatal 3 - Postnatal care and the newborn - Antenatal 3 - Postnatal care and the newborn by South Tyneside and Sunderland NHS Foundation Trust 65,349 views 3 years ago 32 minutes - If you need to watch these videos in another language please follow these **instructions**.: Click the link to take you to the video

Click ...

Introduction

Postnatal stay

Postnatal care

Body

Complications

Fertility

Emotions

How often to feed

Feeding cues

Nappy changing

Essentials for nappy changing

stools

umbilical cord

bath in baby

SIDS

SAFE SLEEP

A Guide to Stages of Labour \u0026 Delivery - A Guide to Stages of Labour \u0026 Delivery by FirstCry Parenting 759,244 views 4 years ago 4 minutes, 25 seconds - Giving birth is one of the most beautiful experiences for a woman. However, it's also painful and is seldom a smooth ride.

Pregnancy Feeding Workshop - Pregnancy Feeding Workshop by Royal Berkshire NHS Foundation Trust 42,288 views 3 years ago 1 hour, 7 minutes - ... nipple over the **top**, lip baby's hungry so he opens his mouth so i bring him on but look what i do here i just i just **guide**, that nipple ...

How to Breathe and Push During Labor | Lamaze - How to Breathe and Push During Labor | Lamaze by Bridget Teyler 1,344,757 views 4 years ago 10 minutes, 8 seconds - Do you want to **EFFECTIVELY**, **SAFELY**, AND **CALMLY** birth your baby? The key to doing that is knowing how to breathe in labor.

holding it for 10 seconds

reclined on your back with your legs up

feel the force of your air exiting your mouth

closed glottis pushing or holding your breath

breathe through the early and active parts of labor

Types of Fetal Positions - OSCE Guide | UKMLA | CPSA - Types of Fetal Positions - OSCE Guide |

UKMLA | CPSA by Geeky Medics 1,388,844 views 5 years ago 1 minute, 30 seconds - This video demonstrates the various fetal positions you may need to describe during an obstetric abdominal examination in an ...

Birthing Information Class - Episode 1 - Birthing Information Class - Episode 1 by Mid and South Essex NHS Foundation Trust 11,325 views 3 years ago 15 minutes - We have produced three short online **birthing**, information **class**, videos, covering early labour, labour and birth and **postnatal**, and ...

Intro

Latent Phase of Labour: The Pelvis

Rotation \u0026 Descent

Demonstration of rotation and descent through the pelvis

Optimal Fetal Position

Your Cervix \u0026 Dilation

Things to do in Early Labour

What to pack in your hospital bag

Induction of labour

ICT +ve Pregnancy: An A-Z guide to daily practice - Part 1 ~ Dr Vivek Krishnan - ICT +ve Pregnancy: An A-Z guide to daily practice - Part 1 ~ Dr Vivek Krishnan by Society of Fetal Medicine 10,861 views 3 years ago 1 hour, 50 minutes - The unmet need of **antenatal**, care continues to push us into encounters with Rh isoimmunisation in daily **practice**,. Much has ...

Blood history timeline

Immunogenicity

RhD Typing

Rh D genotyping

Rh system Genetics

Paternal genotyping

How does Anti-D work?

Correct site of administration?

Can intra-gluteal injection be given?

8. Is Anti-D required after a missed abortion?

Anti-D Pharmacokinetics

An example

AIMS data - 2016

Potential errors of execution in the Indian context

15 Steps To Your EASY DELIVERY (Natural Vaginal Birth Preparation) - 15 Steps To Your EASY DELIVERY (Natural Vaginal Birth Preparation) by Pregnancy and Postpartum TV 1,090,529 views 1 year ago 12 minutes, 16 seconds - I hear hundreds of positive birth stories now and I love hearing how preparing your mind and body makes such a huge difference ...

Intro

Stop Sitting

Strength Stamina

Release and Relax

Practice Being in the Now

Be Confident

Calm Safe

Movement and Relaxation

Affirmations

Pelvic biomechanics

Choose a birthing position

Use tools

Visualize

Relax

Labor Down

Breathe Out

What is an antenatal class? - What is an antenatal class? by NHSlocal 18,212 views 12 years ago 55 seconds
- Antenatal classes, are usually held from about the thirty-second week of pregnancy onwards. They may be provided by a local ...

What are antenatal classes?

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